

As of Monday 14th June, masks will no longer be a requirement to attend a JRC course. There are a number of measures that we will continue to keep in place:

What you can expect from us:

- We are reducing classroom sizes to adhere to the 1m social distancing rule where possible.
- We are following Government advice on safe hygiene and ensuring the venues we use also do so.
- Tissues and hand sanitiser will be available.
- Staff will disinfect the classroom and toilets (if required) before and after the course.
- We will be considerate in how we run activities on our courses.

What we expect from you:

- We ask that you do not attend a JRC course if you are displaying any signs of COVID or feeling unwell.
- If you are travelling back into Jersey leading up to the course you are kindly asked to follow Government guidelines on testing and isolation requirements.
- If you develop COVID symptoms after attending a JRC course, please contact the COVID Helpline so that we can be notified.
- Be mindful of the 1m social distancing rule when attending courses.
- We will no longer be providing refreshments on our courses so please remember to bring your own.
- Please bring your own notebook and pen to our courses.

Please wash your hands or use hand sanitiser provided when attending our courses. Please follow any other hygiene and safety asked of you by JRC.

Contact Tracing

As of 1st December 2020, it is mandatory for all establishments to collect contact tracing data. Should we be contacted by the contact tracing team, we will provide names and numbers to the Government up to 21 days after each session.

JRC wants to ensure the safety of our staff and students.

If you or someone you live with is showing symptoms of the coronavirus, you and the rest of your household should go into household isolation.

We kindly ask you to not attend our classroom courses should you show any signs of the coronavirus (COVID-19).

We have a handful of virtual courses you can attend from the safety of your own home.

The most common symptoms of COVID-19 are recent onset of:

- New, continuous cough
- High temperature/fever
- Loss or change of smell and taste

These symptoms may be accompanied by one or more of the following:

- Headache
- Tiredness
- Muscle ache
- Sore throat
- Diarrhoea
- Gastrointestinal symptoms
- Nasal congestion
- Conjunctivitis (red eyes)
- Different types of skin rash

Should you attend our courses and have any of these symptoms, we will kindly send you home to seek further guidance through the COVID Hotline.

If you think you may have the virus, call the helpline on 01534 445566. Don't visit your GP surgery, pharmacy or hospital.