



Jersey Recovery College (JRC) provides a range of educational courses for people experiencing a mental health difficulty, for those supporting or caring for someone with a mental health difficulty and the professionals who support them. Everyone who attends our College is a student regardless of what brings them through our doors.

We aim to assist people in developing knowledge and practical skills to aid recovery, enhance knowledge and to manage and maintain their mental health and wellbeing.

Every course we deliver will be co-produced and delivered by a partnership between a professional in the subject and a person with lived experience.

What can you expect from the college before you enroll/start;

- A prospectus that highlights and briefly explains what each course covers, aims and lengths of the courses;
- A clear enrolment process;
- Confirmation from the College of your course enrolment before the start of the semester.

During the course you can expect from us...

- A non-judgmental and diverse approach to learning;
- Respect and confidentiality;
- A good listening ear to any concerns;
- Support with any additional needs that may challenge your Recovery College experience;
- A safe learning environment that is inclusive;
- Kind, informed and positive trainers to teach the classes;
- Signposting to other services that can help*;
- An invitation to provide feedback on your experience which will inform the future development of the College.

During the course we expect from you....

- Commitment to the course/courses that you have chosen, wherever possible;
- To notify the College if you are unable to attend a session or have to withdraw from a course. This is so we can allocate your place to another student;
- To provide us with your contact details, an emergency contact and completed paperwork before as part of your enrolment. We will keep all your information securely in accordance with our Student Privacy Policy;
- To inform us of any additional support that you will need at the College;
- To remain polite and respectful at all times to staff, fellow students and yourself;
- To refrain from the use of alcohol, non-prescribed medicine or illegal substances;
- To not behave in a way that prevents or disrupts learning or other activities;
- To respect our trainers and fellow students' privacy and confidentiality by not recording class activities on an electronic device or discussing personal details shared outside of the classroom;
- To inform staff if you are uncomfortable or struggling with the course;
- To always provide us with honest feedback as you are our priority;
- To be proud of your recovery journey.

** **Signposting disclaimer:** JRC takes care to signpost to organisations, services or resources that meet our professional standards. JRC is independent from any organisation, service or resource we signpost to and we take no liability for students' experiences with external parties.*