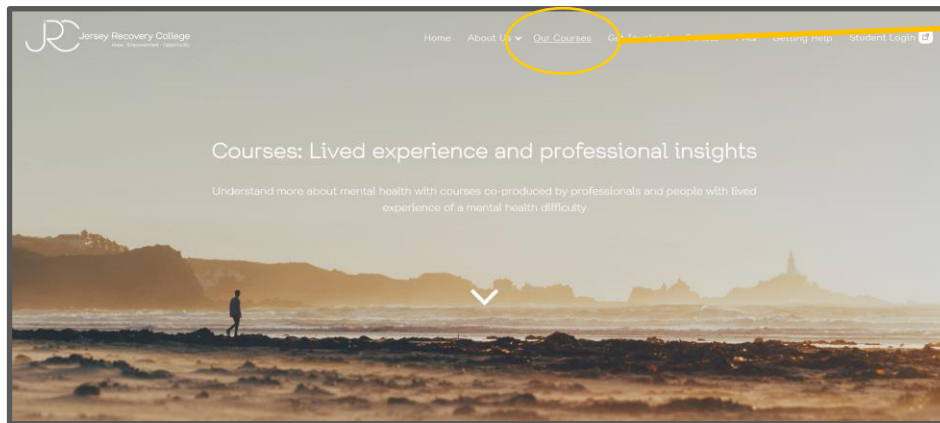




Your new
Student Portal



Existing Student Registration



Our Courses

Step 1

Go to : www.recovery.je and click on 'Our Courses'

Exploring Self Compassion

Self-compassion involves treating ourselves kindly, like we would a person we care about. During this introductory workshop we will explain the meaning of self-compassion and its benefits and challenges. We will invite students to participate in some brief exercises and meditations, which are designed to bring awareness to our experiences and to ourselves. We will provide some resource information for those wishing to continue to explore the subject.

SCHEDULE

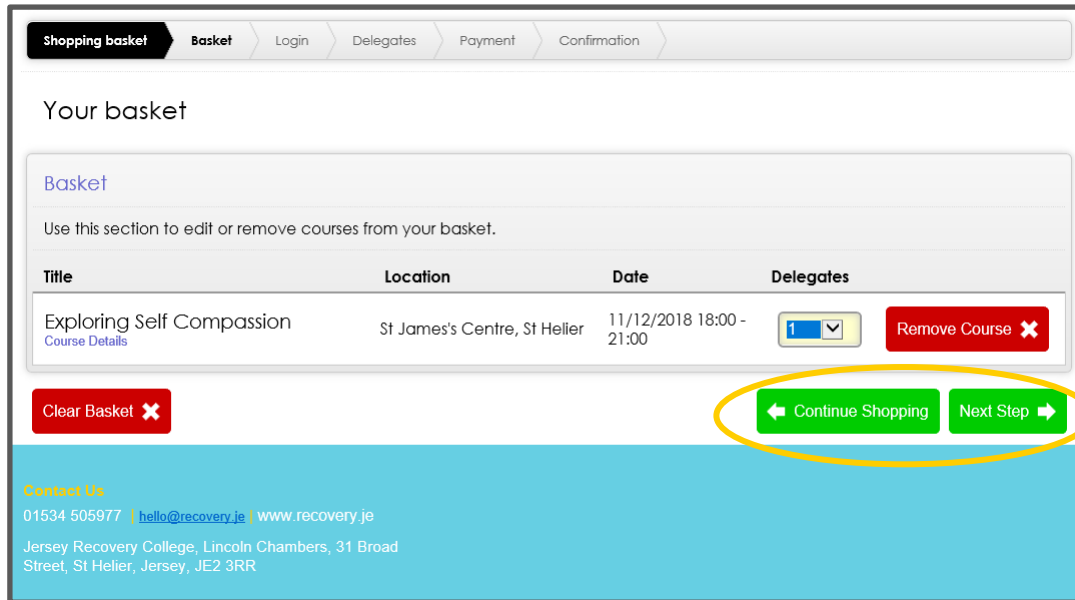
Tuesday 11th December
18:00 - 21:00

[Register Interest](#)

 via our booking system

Step 2

Find the course you would like to 'Register Interest' for and click here. You will be re-directed to our booking system



Step 3

You will be redirected to your basket.

Here you can:

- Review details of the course
- Remove courses
- 'Continue shopping' to add more courses to your basket

When you're ready to register your interest, click 'Next Step'

The screenshot shows a web interface for logging in. At the top, there is a navigation bar with the following steps: Shopping basket, Basket, Login, Delegates, Payment, and Confirmation. The 'Login' step is currently active. Below the navigation bar, the page is titled 'Login'. There are two main options: 'I have an existing account' and 'I am a new customer'. The 'I have an existing account' option is selected and contains the text 'Please enter your login details below to continue.' Below this text are two input fields: 'Email/User ID *' and 'Password *'. To the right of these fields is a green button labeled 'Register And Continue' with a right-pointing arrow. Below the input fields is a link that says 'I have forgotten my password |' followed by a green button labeled 'Login and continue' with a right-pointing arrow. At the bottom of the page, there is a 'Contact Us' section with the phone number '01534 505977', the email address 'hello@recovery.je', and the website 'www.recovery.je'. Below this is the address: 'Jersey Recovery College, Lincoln Chambers, 31 Broad Street, St Helier, Jersey, JE2 3RR'.

Step 4

Using your login details, enter your email address and password and click 'Login and Continue'

Existing Student

Student and Course Registration

We are a self-referral service. We cannot accept applications completed on behalf of other people. Please see our FAQs

Title	Location	Date	Delegate
Exploring Self Compassion course details			
Assign delegates to your booking	St James's Centre, St Helier	11/12/2018 18:00 - 21:00	1 <input type="checkbox"/>
Delegate 1: * Siobhan Poingdestre [Edit Details] [Remove]			
* represents a delegate that will be placed onto a waiting list.			

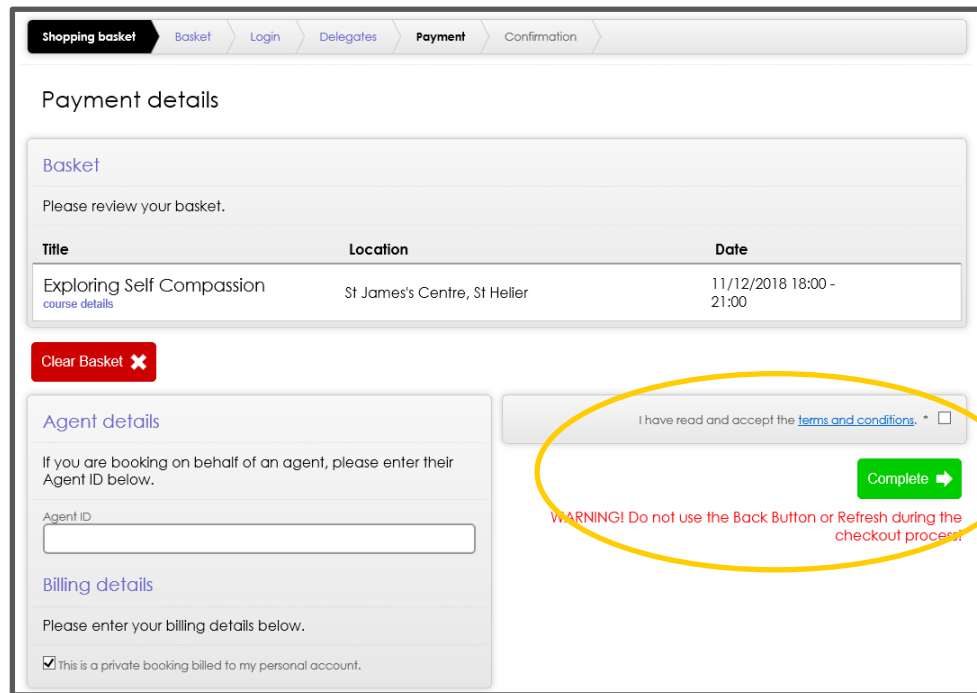
[Clear Basket](#)

[Next Step](#)

Step 9

Once you've reviewed the course details, click 'Next Step'

Existing Student / New Student:



Shopping basket

Basket Login Delegates Payment Confirmation

Payment details

[Basket](#)

Please review your basket.

Title	Location	Date
Exploring Self Compassion course details	St James's Centre, St Helier	11/12/2018 18:00 - 21:00

[Clear Basket](#) ✕

[Agent details](#)

If you are booking on behalf of an agent, please enter their Agent ID below.

Agent ID

[Billing details](#)

Please enter your billing details below.

This is a private booking billed to my personal account.

I have read and accept the [terms and conditions](#).

[Complete](#) ➔

WARNING! Do not use the Back Button or Refresh during the checkout process.

All of our
courses are
free, you won't
be billed

Step 10

Please make sure to review 'Terms and Conditions' and check the box before clicking 'Complete'

Once completed you will receive an email confirming you have registered your interest for the course(s). Please check you junk/spam inbox.

If you need assistance, please call 01534 505977 or email hello@recovery.je