

Jersey Recovery College will be transitioning some of our courses back to the classroom environment.

There are a number of measures that we are putting into place to keep our staff and students safe during the COVID pandemic.

What you can expect from us:

- We feel it's important to run classroom sessions where we can in a safe way. But we're also conscious that some people prefer doing courses virtually at the moment so we have designed a curriculum for the Autumn that covers both.
- We are reducing classroom sizes to adhere to the 1m social distancing rule.
- We are following Government advice on safe hygiene and ensuring the venues we use also do so.
- Tissues and hand sanitiser will be available on each table.
- Staff will disinfect the classroom and toilets (if required) before and after the course.
- We will be considerate in how we run activities on our courses.

What we expect from you:

- We ask that you do not attend a JRC course if you are displaying any signs of COVID.
- If you are travelling back into Jersey leading up to the course you are kindly asked not to attend and follow Government guidelines.
- If you develop COVID symptoms after attending a JRC course please contact the COVID Helpline so that we can be notified.
- We will no longer be providing refreshments on our courses so please remember to bring your own.
- Please bring your own notebook and pen to our courses.
- Please wash your hands or use hand sanitiser provided when attending our courses. Please follow any other hygiene and safety asked of you by JRC.

JRC wants to ensure the safety of our staff and students.

If you or someone you live with is showing symptoms of the coronavirus, you and the rest of your household should go into household isolation.

We kindly ask you to not attend our classroom courses should you show any signs of the coronavirus (COVID-19).

We have virtual courses you can attend from the safety of your own home.

The most common symptoms of COVID-19 are recent onset of:

- New continuous cough or
- High temperature

These symptoms may be accompanied by one or more of the following:

- Headaches
- Tiredness
- Muscle ache
- Loss of smell and taste

Should you attend our courses and have any of these symptoms, we will kindly send you home to seek further guidance through the COVID Hotline.

If you think you may have the virus, call the helpline on 01534 445566. Don't visit your GP surgery, pharmacy or hospital.